

贵阳第一中学 2024 届高考适应性月考卷（一）

英语参考答案

第一部分 听力（共两节，满分 30 分）

1~5 ACBBC 6~10 BAABC 11~15 ACBAA 16~20 CCBA

第二部分 阅读（共两节，满分 50 分）

评分建议：每一小题仅有一个正确答案，错选、漏选或多选均不得分。

第一节（共 15 小题；每小题 2.5 分，满分 37.5 分）

21~25 ACDBD 26~30 DACCA 31~35 BBBAC

第二节（共 5 小题；每小题 2.5 分，满分 12.5 分）

36~40 BAECF

第三部分 语言运用（共两节，满分 30 分）

第一节（共 15 小题；每小题 1 分，满分 15 分）

评分建议：每一小题仅有一个正确答案，错选、漏选或多选均不得分。

41~45 BCADB 46~50 DBAAC 51~55 ADCCD

第二节（共 10 小题；每小题 1.5 分，满分 15 分）

评分建议：与以下答案不符的均不得分；单词拼写错误一律不给分；大小写错误酌情扣分。

56. to think 57. how 58. concentration 59. removes 60. the
61. for 62. practical 63. making 64. are attracted 65. which/that

第四部分 写作（共两节，满分 40 分）

第一节（满分 15 分）

【参考范文】

Dear Freshmen,

I'm Li Hua from Class 1, Grade 3. Today I'm honored to welcome you on behalf of our school. Since you are going to start a new life here, I'd like to share with you my experience in living and studying on campus.

First of all, you had better make a reasonable schedule for both study and other activities. Besides, you need to learn to take care of yourself without parents' help. In addition, developing a good relationship with classmates or joining a club will be a good choice to get rid of your loneliness. Most importantly, if you feel too stressed, never hesitate to turn to your teachers for help.

I sincerely hope you will have three wonderful years in our school!

第二节（满分 25 分）

【参考范文】

On the same day, a staff member contacted Andy. The staff said that they would be happy to help. An hour later, they brought and dumped their snow in front of Andy's house. A special winter appeared in August. Brooke was excited when she saw the cool snow. She was supported by Andy to climb over the snow, and slowly rolled on the snow. Her black hair was stained with snow, and it was shining in the sun. Brooke would not leave this little pile of snow and played until all the snow disappeared.

A few hours later, Brooke died. Andy thought Brooke would have two weeks to stay with him, but instead there were only three days. Luckily, he got the best three days for Brooke. Remembering the helpful suggestions and enthusiastic responses he received, Andy then posted Brooke's life story on the forum and thanked all the people. He was especially grateful to Power Sport. With their help, Brooke enjoyed a little pile of snow on a hot summer day. "Rest well Brooke, I won't forget you," wrote Andy.

【解析】

第二部分 阅读

第一节

A

21. A 细节理解题。根据“**Autumn Tiger**”部分中的“Although Start of Autumn indicates the beginning of autumn, hot weather will not come to an end.”可知这一部分谈论的是“天气”，故选 A。
22. C 细节理解题。根据“**Fleshing out in autumn**”部分中的“If one has lost weight during the summer, then at the beginning of autumn, he or she needs to flesh out by eating many different kinds of delicious food, especially meat.”可知，秋天要通过美食来增加重量，故选 C。
23. D 细节理解题。根据“**Eating peaches**”部分中的“People believed that in this way, plagues（瘟疫）could be prevented for the whole year.”可知，把桃核留到新年是为了祈求来年健健康康，故选 D。

B

24. B 细节理解题。根据文章第一段“The left lane of traffic was almost at a standstill as the right one crept（缓慢移动）steadily ahead, filtering（汇入）into the left at the last possible

moment.” 和 “I crept guiltily past a few cars but, afraid of running out of space, moved back into the left lane with plenty of room to spare.” 可知作者害怕现行车道如果一直往前行驶后没有足够距离变道汇入左边车道，故选 B。

25. D 推理判断题。根据文章作者朋友说的话 “you’re always afraid of running out.” 可知，作者的朋友认为他一向 “过分小心谨慎 (Overcautious)”，故选 D。
26. D 细节理解题。根据文章第五段 “it creates new absences that feed the fear and make it grow.” 可知，“贫困心理” 会增加人们对 “不足” 的害怕，故选 D。
27. A 主旨大意题 (标题题)。根据作者叙述的故事可知作者在交通堵塞的情况下本来可以通过变道而加快通行，但作者却因为害怕后面没有足够距离变道汇入而提早返回慢行车道，作者的这一心态以及生活中的种种事例都表明了，作者应该学会如何应对 “不足” 带来的恐惧，故选 A。

C

28. C 细节理解题。根据文章第一段 “For decades, researchers and medical professionals considered sleep loss a by-product or symptom of another, more ‘primary’ condition, such as depression or anxiety.” 可知，之前研究者对失眠的误解是——焦虑等引起失眠 (焦虑在失睡前出现)，故选 C。
29. C 细节理解题。根据文章第二段 “Moreover, the neural activity linking the amygdala (杏仁体) and the prefrontal cortex, both the region and the circuit meant to keep our emotional reactions under control, became significantly weaker when one-night sleep is disrupted.” 可知，当人的睡眠被打乱，情绪控制的能力就会被削弱，故选 C。
30. A 词义猜测题。根据最后一段内容可知，我们时不时会遭遇睡眠缺失，但是社会应该批判地看待一些让人们得不到足够休息的体系，因此可推知，Inevitably 意为 “不可避免地”，故选 A。
31. B 推理判断题。根据文章的结构和内容可知，最后一段作者给出了消除睡眠缺失的建议，故选 B。

D

32. B 细节理解题。根据第二段 “hanfu, ..., has enjoyed a new life thanks to a new wave of young Chinese fans.” 可知汉服的新生得益于中国年轻一代对汉服的热爱，故选 B。
33. B 细节理解题。根据第四段 “‘More young people are taking to wearing adapted hanfu as they believe the best way to preserve tradition is to adapt it to modern life,’ says Liu.” 可知越来越多的年轻人认为保护汉服最好的方式是使其更适合现代生活，故选 B。

34. A 推理判断题。根据第五段“Social media has made *hanfu* culture popular in China and abroad”可知 Yang 通过社交媒体推广宣传汉服且认为社交媒体让国内外都掀起了汉服文化热潮，可见，她的宣传及推广是卓有成效的，故选 A。
35. C 推理判断题。根据最后一段“Caoxian County, Heze City, East China’s Shandong Province, is one of the major *hanfu* manufacturing centers, gathering over 2,000 enterprises and promoting the increase of employment.”可知汉服文化的兴起带来了相关产业的发展，自然而然就增加了就业机会，故选 C。

第二节

36. B 根据空格前后句可知，享受夏天的不仅仅是我们人类，B 项中第二个“it”指代“Summer”，故选 B。
37. A 根据空前句可知，许多驱蚊剂中使用的化学物质会混淆昆虫的嗅觉，A 项中“That”指代空前句的内容，故选 A。
38. E 根据空前句可知，任何没有被驱蚊剂覆盖的皮肤都有可能被咬伤，故选 E 承接上文。
39. C 根据空前句可知，宽松的衣服是最好的选择，因为蚊子更难叮咬，故选 C 进一步解释空前句的内容。
40. F 根据空前句可知，蚊子能够利用人类汗水的气味找到受害者，F 项中“This”指代空前句的内容，故选 F。

第三部分 语言运用

第一节

41. B 考查动词词义辨析。根据句意，自我怀疑是一种你不够好，你什么都无法“完成（accomplish）”的感觉，故选 B。
42. C 考查动词词义辨析。根据句意，虽然我试着去“避免（avoid）”这些想法，但我还是无法逃脱它们，故选 C。
43. A 考查名词词义辨析。only to 后接预料之外的结果。根据句意，我会告诉别人我的伟大愿望和梦想，但却遭遇了他们的嘲笑和“批评（criticism）”，故选 A。
44. D 考查形容词词义辨析。根据句意，当听到我的梦想时，我身边的人们会用诸如“你现实（realistic）一点吧”和“你是做不到的”的语言来抨击我，故选 D。
45. B 考查副词词义辨析。根据句意，“自然而然地（naturally）”，随着时间流逝，这些话把我不多的自信心消磨殆尽，故选 B。
46. D 考查动词短语词义辨析。test out 意为“检验，考察”；build up 意为“累积，增强”；take back 意为“撤回，收回”；wear out 意为“磨损，耗尽”。根据句意，自然而然地，随着时间流逝，这些话把我不多的自信心“消磨殆尽”，故选 D。

47. B 考查动词词义辨析。根据句意，每当我想追求一个目标或梦想的时候，在开始前，我自己从精神层面上就“打败 (defeat)”了自己，故选 B。
48. A 考查名词词义辨析。根据句意，诸如“你一定不会成功的”和“我为何为这事儿烦心”的“想法 (thoughts)”便出现在我的脑海里，故选 A。
49. A 考查形容词词义辨析。根据句意，直到有一天，我醒悟了，我发现我自己非常“厌倦 (tired)”于贬低我自己，故选 A。
50. C 考查动词词义辨析。根据句意，我决定要和我的自尊“战斗 (battle)”、较量一番，并且我认为我能赢，故选 C。
51. A 考查名词词义辨析。根据句意，我从获得点滴胜利开始了我的战斗。我按时上班，双倍提升了我的“产出 (output)”，故选 A。
52. D 考查形容词词义辨析。根据句意，我开始对我拥有的物品以及“井井有条 (orderly)”打理他们感到骄傲，故选 D。
53. C 考查短语意义辨析。in exchange for 意为“交换”；in connection with 意为“联系”；in accordance with 意为“与……一致”；in contrast to 意为“与……相反”。根据句意，我也会写下我当天完成的“与预设目标一致”的事情，故选 C。
54. C 考查名词词义辨析。根据句意，随着时间流逝，通过我对运动锻炼的“投入 (devotion)”，我的身材变得越来越好，故选 C。
55. D 考查形容词词义辨析。根据句意，我工作上的表现更出色了，最重要的是我感到更“自信 (confident)”了，故选 D。

第二节

56. to think 考查动词不定式作后置定语。
57. how 考查“疑问副词+动词不定式”充当宾语从句，此处需要表“方式”的副词 how。
58. concentration 考查动词转化为名词作介词后面的宾语。
59. removes 考查从句的谓语。此处表示的是一般事实，or 连接的并列成分作主语遵循就近原则，且“switching it off”与“remove”之间是主动关系，故填入第三人称单数 removes。
60. the 考查定冠词表“特指”。
61. for 考查介词的固定搭配。
62. practical 考查名词转化为形容词作定语。
63. making 考查动名词作宾语（固定搭配）。
64. are attracted 考查一般现在时的被动语态。此处描述现在的情况，且“you”与“attract”之间是被动关系。
65. which/that 考查关系代词。设空处引导限制性定语从句修饰“parts of the brain”，且在从句中作主语。

听力原文

Text 1

W: That is one of the best advertisements I've ever seen. I saw it on the bus yesterday.

M: I know. Every time I cycle by it on the way to work, I want to buy a car.

Text 2

M: I've seen an excellent pair of sneakers. They're bright yellow with orange patterns.

W: I'm not having my son wearing something like that. Your father won't approve either. Is there nothing less bright?

M: Well, there are some grey and brown ones that are OK.

Text 3

W: I am really late for the meeting at my office. Is this the correct stop to Chaoyang?

M: No, the one you need is down the street. Turn left and it's in front of the big shopping center.

Text 4

W: Is it OK if I go to the cinema with my friend Kylie? Her brother got us tickets to see the new fantasy film.

M: Have you done all your chores and homework?

W: I've done all of my chores, but I need some help from mom with my homework. And she won't be here until I get back.

Text 5

M: Why are you cooking the dinner while your husband is making the beds? Does he never help with cooking?

W: Sometimes, but we like to share out the tasks and both of us are better than each other at some jobs.

M: That seems like a very fair way to organize things.

Text 6

M: I thought I wanted to live in a place surrounded by skyscrapers, but now I prefer living in a small town.

W: What changed your mind? I thought you liked living in Shanghai.

M: I did at first, but then I got tired of all the noise pollution. I think it's one of the biggest drawbacks to living in the city.

W: True, but everything is so much more convenient in the city, such as transportation and food delivery!

M: I know. I like all that. But I'd rather see the stars than all the bright lights.

W: Well, I think I'll forever be a city girl. I like the bright lights, busy streets and city fashion too much.

Text 7

W: Can I help you?

M: Yes, please. I left my bag at a luggage office two hours ago. But now I forget how to get back there.

W: From which entrance did you come in?

M: I can't remember. After I entered the main building, I found some lockers, so I put my bag in one.

W: Do you have a receipt for the locker?

M: Yes. Here it is!

W: OK. I got it. The luggage office is near the East Gate. See E3 on it? E means east.

M: How can I get there?

W: Look at the map. We're now at the West Gate. You need to go across to the other side of the station. You'll see a lift on your left. Take the lift upstairs. E3 is right there.

M: I'm taking the train in 10 minutes. Do you think I can make it?

W: You need to hurry.

M: Thanks. Bye!

Text 8

M: Roger is so intelligent. He's a hard worker. He has good ideas and he doesn't follow the crowd.

W: So why does he do so badly in his exams?

M: Because he suffers from anxiety. He lacks confidence. His brain is so active and he thinks too much. When it comes to exams, his intelligence actually works against him.

W: I wish we could help him. It seems so unfair that a person's future can be determined by how well they perform on one particular day.

M: It is unfair — but life is unfair. We must try to help him by showing him how to keep calm in stressful situations.

W: How do we do that? I can't say that I'm exactly an expert at dealing with stress, although I am better at it than I used to be.

M: I can help him. I always think that exercise is a great way for dealing with stress and anxiety. When you have exhausted yourself while doing exercise, you don't have the energy to be nervous.

W: That is so right! I always feel calm after working out in the gym.

Text 9

W: I just walked by the picnic place and there is trash everywhere. People haven't even put it in the bins.

M: What is the world going to do with all its waste? No one seems to care.

W: We are all supposed to be recycling now.

M: I know...but I just don't think people are interested in doing it. Do you?

W: Yes, I separate bottles, plastic, cardboard and paper. I wish they would find a way to recycle batteries as well.

M: You are an example of a good citizen.

W: I wonder if anything is done with the waste when it is collected, though. It must be very expensive to deal with it.

M: I heard they send a lot of it to poor countries.

W: That is awful!

M: I thought so at first — but now I think it is the right thing to do.

W: What? How can it be right to pour our trash on poor people?

M: Because it is economical for them to deal with it. Their wages are lower so the costs of the recycling are lower, yet they still earn money.

W: Hmm, maybe. Anyway, I do my bit by separating trash each week.

M: Each week? Ours is only collected every fortnight.

W: Really? When I lived in the city, they had collections every day. My old neighbor is one of them. But I suppose that's because so many people live there.

Text 10

I have been to many different types of weddings, and they are all memorable in their own way. But I can't remember a better one than the wedding I attended in Northern Italy last summer. First of all, a little background: the wedding was for a good friend of mine I met in university in England. After graduation, we spent some time in France, where he met his lovely girl that he was going to marry. Two years later, I was riding up the narrow streets that led to his hometown in the mountains. The first difference I noticed was that there was no traditional bachelor party. Instead, the family had a big dinner every day the week before the wedding. They made everything themselves, even on the wedding day. This is unlike American weddings, where it is typical to hire a company to do it. On the day of the wedding, there were two other non-American traditions I liked. One: there were no long, boring speeches! And two: the cutting of the bridegroom's tie. I know it sounds like a joke, but it's true! The family cuts the tie into little pieces, and then people bid on them to raise money for the happy couple! It was a lot of fun. It's also fun to learn other people's cultures and see them celebrate together. So, what is the most romantic wedding you have attended like?